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* Basic GK techniques
* Footwork exercises
* Set Position
* Catching balls within arms reach
* Basic diving – collapse, low,
* Crosses – lofted, timing of jump
* Distribution – bowl, overhand

**WHO:** Girls and Boys Grades 2-8

**WHEN:** Nov. 28, Dec. 5, 12, 19

**WHERE:** Rivers Edge Indoor Facility, 700 W. River Drive, Davenport

**TIMES:** 8-9pm

**COST:** $75

**DEADLINE:** Until Full.Camp numbers will be limited.

**-----------------------------------------------------CUT HERE------------------------------------------------------**

REGISTRATION FORM

QC GOALKEEPER ACADEMY

Nov. 28, Dec. 5, 12, 19

NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ AGE: \_\_\_\_\_\_\_ GRADE:\_\_\_\_\_\_\_\_\_

ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(STREET) (CITY) (STATE) (ZIP)

PHONE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ EMAIL ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I understand and accept the conditions that neither QC Goalkeeper Academy, Mick Regan or anyone associated with the camp assumes responsibility for accidents, medical nor dental expense incurred as a result of participation in the program. The participant is in good health and able to participate in the physical activity of a vigorous program. I hereby authorize the directors of the camp to act for me according to their best judgment in an emergency requiring medical attention. My child is fully covered by our personal family health plan in the event of sickness or injury.

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DATE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Checks Payable to: Mick Regan

Mail to: 1108 W. Donahue St,

Eldridge, IA 52748

If you have any questions, please contact Mick Regan 563 381 0706 michaelregan@augustana.edu